

## RESPONSIBLE RESTART OHIO AT INNER COMPASS

### *Thank you for your cooperation*

- If you have *any* of the following symptoms, do *NOT* join us. Per the CDC, symptoms include cough, shortness of breath or difficulty breathing, fever, chills, muscle pain, sore throat, and loss of taste or smell.
- If you suspect that you may have been exposed to the virus, or if you have been in an area that is experiencing a spike in outbreaks, do *NOT* join us.
- If you cannot attend due to symptoms or suspicion of exposure, we will either conduct your session remotely via telephone or Zoom; reschedule; or issue a refund.
- **Face masks must be worn by everyone**; do not attend if you aren't willing to wear one, don't have one, or forget to bring one (we do not have extras on hand). Masks may not have to be worn by everyone for the entire session time; any potential exceptions will be discussed with you when you arrive.
- Windows will be open for better ventilation even when the air conditioning or heat is on, so dress accordingly.
- Everyone will be seated at least 6 feet apart.
- When you arrive, please wash your hands; restrooms are near the main entrance doors to the building. Alternatively, we have hand sanitizer that you may use.
- Please do not help yourself to water, snacks, or items such as pens; we will be happy to serve/hand them to you.
- If you have any concerns or questions about our policies, please discuss them with us.

### INDIVIDUAL APPOINTMENTS

- We are currently seeing clients by appointment only.
- **Pre-registration is required** for all appointments – *NO* exceptions. You must provide your name, email address, and telephone number to register.
- Early arrivals must wait in their car to minimize unnecessary time in the reception area.
- We will greet you at the reception area door and guide you to your seat. Do not bring anyone with you unless prearrangements have been made. We will escort you out also.

### GROUP EVENTS, CIRCLES & CLASSES

- Due to social distancing regulations, we have limited seating for all events. Maximum numbers vary by the event type and seating configuration.
- **Pre-registration is required** for all events – *NO* exceptions. You must provide your name, email address, and telephone number to register.
- Early arrivals must wait in their car to minimize unnecessary time in the reception area.
- Enter the classroom through the door on the right marked ENTER and seat yourself directly in your chosen seat, unless other instructions have been given.
- When you leave, exit the classroom through the door on the right marked EXIT.