

INNER COMPASS

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INDIVIDUAL SESSIONS & GROUP INSTRUCTION TO EMPOWER & INSPIRE YOU!

Secrets, Treasure Maps, & Treasure Chests

There has been a lot of talk recently about *The Secret*, a DVD that explains how people can use the Law of Attraction to manifest, or create, what they want in their lives. The Law of Attraction simply states that things of like vibration are drawn to each other: like attracts like. You use this law every day, whether you are aware of it or not. *The Secret* explains some ways to consciously use the Law of Attraction to manifest your dreams, and one such way is to make a treasure map or treasure chest.

A treasure map is simply a material representation of something that you want to have, to do, or to be. One popular way to create a treasure map is to make a collage of images that represent your dream. You can cut out pictures from magazines, or draw them yourself. Many sources suggest that you include a photo of yourself in your treasure map, and then display the poster where you will see it frequently.

To make a treasure chest, you simply collect in a container several material representations of your dream. For the container itself, you can decorate a shoebox, or simply use a basket or a gift bag (a good choice if you are short on time or don't enjoy crafts).

Which one should you use? Whichever one you prefer. A treasure map is primarily a visual device that lets you see the whole picture, and see yourself in it. A treasure chest appeals to your visual and tactile senses; you can hold the objects in your hands

as you look at them. Plus you can bring it with you as you go about your day—another good idea.

If you are strongly influenced by your auditory senses, you can augment your treasure map or treasure chest with things that verbally represent your dreams. If using a map, be sure to include positive affirmations and key phrases on it, and say or read them to yourself every time you look at it. If using a chest, you can include a CD or tape of a favorite song that evokes in you the positive emotions that are tied to your dream, and play it frequently.

Inner Compass Events

Victory of Light Psychic Festival

Inner Compass is sharing a booth at this popular local event with *Jewelry by Jaccolin*. You can purchase beautiful wire-art crystal jewelry *and* get a reading with either Jaccolin or Joanne, or get back-to-back readings with this mother-daughter team. Both mediums are offering clairvoyant readings as well as *crystal* readings. Intrigued? Just wait until you see their special promotions.... **Saturday & Sunday, Apr.14-15, 10am-7pm. Held at the Sharonville Convention Center in Sharonville** (www.victoryoflight.com)

Creative Manifestation Workshop

Poof! Your fairy godmother suddenly appears before you, waving a magic wand and offering to grant you a wish. You catch yourself just in time—before you blurt out the first words that come to you—because in the back of your mind you are

remembering a parable about teaching someone how to fish rather than simply giving them a fish.

Well, *someone* got wise and told her fairy godmother, "I want to learn how to wave my own magic wand so I can make my dreams come true for myself." And now, in six little hours on a Saturday, you are going to LEARN HOW TO FISH! Actually, you are going to learn how to apply the key manifestation processes of intention, attraction, and action so that you can create what you want in your life. And you are definitely going to have a lot of fun playing with these principles. Do you hear your inner child calling? You might want to bring a big net too....

Saturday, Apr. 21, 9:30am-4:30pm (includes a break for lunch). Joanne Franchina, instructor. \$75 (includes materials to make a treasure map or chest). Held at the **United Spiritualists of the Christ Light Church** in Blue Ash. Download a registration form at www.USCL.org or call 513-891-5424.

Meditation Sampler 1: Learning the Basics

Learn basic skills to help you establish a regular meditation practice that suits your goals, your personality, and your life.

Sunday, Apr. 22, 1-4pm. Joanne Franchina, instructor. \$35; early registrations (by Apr 15) \$30. Save even more: register for Parts 1 AND 2 by Apr. 15 for a total cost of \$55.

Spiritual Marketing Workshop

Are you ready to expand or launch your professional practice or small business? Would you like to reach more people with your products and services? In this engaging workshop, you will learn how to take your enterprise to the next level.

Designed for practitioners who are open to metaphysical concepts, and especially helpful to those who offer mind-body-spirit products and services, this course combines the universal principles of *Spiritual* manifestation with proven *Marketing* strategies, to help you find the perfect balance between inspiration and practicality for your business.

Topics include:

- ✦ Intention / Identity & Positioning
- ✦ Attraction / Essential Promotional Materials
- ✦ Resistance / Creative Solutions
- ✦ Action / Implementation & Results

This is a *hands-on* workshop geared to participants' actual and planned enterprises. Please bring:

- ✦ A written description of your business and the products and services you offer.
- ✦ Samples of your current or planned marketing materials, including business cards, brochures, ads, websites, etc.

Saturday, May 19, 9am-4pm (includes a break for lunch). Joanne Franchina, instructor. \$75; early registrations (by May 12) only \$65.

Meditation Sampler 2: Enhancing Your Practice

Explore several meditation forms and traditions that you can apply to greatly enhance your meditation practice.

Sunday, May 20, 1-4pm. Joanne Franchina, instructor. \$35; early registrations (by May 13) \$30. Save even more: register for Parts 1 AND 2 by Apr. 15, for a total cost of \$55.

Practical Intuition

Do you wish you could trust your instincts? Are you good at helping others to make decisions yet hesitant when it comes to making your own? In this class, you'll learn to access your inner guidance system in ways that bypass your personality self—the part of you that second-guesses and overanalyzes the innate wisdom of your higher self. These techniques will boost your confidence in using your intuition all the time, in all areas of your life.

Saturday, Jun 23, 1-4pm. Joanne Franchina, instructor. \$35; early registrations (by Jun 16) \$30.

Other Noteworthy Events

Individual Readings: Expanding & Refining Your Mediumship Skills

If you are comfortable giving messages and but less confident doing full readings, this class is for you.

Saturday, Apr. 28, 1-4pm. Jaccolin Franchina, instructor. \$35. Held at the **United Spiritualists of the Christ Light Church** in Blue Ash. Download a registration form at www.USCL.org or call 513-891-5424.

Increase Your Healing Power Weekend Workshop

Learn three Qigong practices that will enrich your well-being and increase your healing power.

Friday & Saturday, May 4-5. Master Robert Peng, instructor. \$195. Held at the **Delhi Reception Center** in Delhi. Register at www.ChurchofLightandHope.com or call 513-582-8023.