

INNER COMPASS  
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## INDIVIDUAL SESSIONS & GROUP EVENTS TO EMPOWER & INSPIRE YOU!

### SPRING 2016

Welcome to Inner Compass, an intuitive life coaching practice. My name is Joanne Franchina, and I teach people how to create fabulous lives for themselves by using their inner wisdom in everyday situations. Inner Compass offers *Mediumship Readings* and *Intuitive Life Coaching*, as well as *Group Circles*, *Message Events*, and *Workshops*, to empower and inspire you!



### APRIL 2015

#### **De-Clutter Your Life: Best Year Ever! Life Coaching Circle with Joanne Franchina**

Make room for the things you want by getting rid of things you no longer need. You'll learn how your energy affects, and is affected by, your living and working spaces. And you'll learn the practical side of clearing clutter: the clutter test; how to get started; what to do when you are busy or stressed; and letting go of your stuff.

*Tuesday, April 5, 7 - 9 pm. \$35. Joanne Franchina, facilitator. Pre-registration required.*

#### **Walking Home: Book Circle for Soul Searchers with Diane Sears**

Within a space of three years, Sonia Choquette found her life falling apart, as she suffered the pain of several losses and subsequently strayed from her spiritual path. In order to regain her spiritual footing, Sonia turned to the age-old practice of pilgrimage and set out to walk the legendary

Camino de Santiago. In this riveting book, Sonia shares the intimate details of her grueling experience, as well as the unexpected moments of grace, humor, beauty, and companionship.

*Tuesday, April 12, 7 - 9 pm. \$10. Diane Sears, guest facilitator. Pre-registration recommended.*

#### **Kuan Yin, Compassionate Mother of All: Higher Beings Wisdom Circle with Joanne Franchina**

Access the wisdom of this beloved Chinese deity and bodhisattva, and tune into the compassionate mother that resides within as you continue along your unique spiritual journey.

*Wednesday, April 13, 7 - 9 pm. \$20. Joanne Franchina, facilitator. Pre-registration recommended.*

#### **Unlocking the Wisdom of the Body: Healing Energy Circle with Joanne Franchina**

Establish greater rapport with, and consciousness of, the body, as you learn simple intuitive techniques to hear, see, and sense its messages and wisdom.

*Tuesday, April 19, 7 - 9 pm. \$10. Joanne Franchina, facilitator. Pre-registration recommended.*

#### **Mediumship Development Circle with Joanne Franchina**

Develop your intuitive, psychic, and mediumistic abilities at a pace that is comfortable to you, in a small-group setting that fosters individual attention to hone your natural talents and skills.

*Thursday, April 21, 7 - 9 pm. \$20. Joanne Franchina, facilitator. Pre-registration recommended.*

## **Mystical Arts for Modern Times Weekend of Workshops with Sharon Anne Klingler**

Inner Compass is thrilled to present a weekend featuring internationally renowned medium and instructor Sharon Anne Klingler. Whether you've developed your intuition to use personally or professionally, you can diversify your skill set and add a host of new techniques in opening to higher power and guidance. This weekend includes three workshops—attend one or attend them all!

### **Numerology**

- ✦ What the numbers mean
- ✦ Birthdays and purposes
- ✦ Numbers and your name
- ✦ The year ahead through numbers

*Friday, April 29, 7-10 pm. \$65. Sharon Anne Klingler, guest instructor.*

### **The I Ching, Book of Changes**

- ✦ Fundamentals of the *I Ching*.
- ✦ How to cast the lines and hexagrams.
- ✦ Using the I Ching as an oracle.
- ✦ Applying the answers from the ancient text to life in the modern world.

*Saturday, April 30, 9:30 am - 12:30 pm. \$65. Sharon Anne Klingler, guest instructor.*

### **Gemstones & Astrology**

- ✦ Discerning the energy of gems and crystals.
- ✦ Ogham readings using gemstones.
- ✦ Gemstones and their link to the planets.
- ✦ Sortilege – the casting of gemstones.
- ✦ Understanding the houses and the areas of life they represent.
- ✦ GemCast: Giving astrological readings with gemstones.
- ✦ The planets – points of power and influence.

*Saturday, April 30, 1:30-6 pm. \$95 plus materials. Sharon Anne Klingler, guest instructor.*

## **MAY 2016**

### **Make Money Work for You: Best Year Ever! Life Coaching Circle with Joanne Franchina**

To improve your finances, you must do the inner work of changing how you think and feel about money, as well as the outer work of managing your money in practical ways. You'll target areas for improvement and identify limiting beliefs you are

ready to change. You'll also learn to develop new money skills step-by-step that will secure your financial future.

*Tuesday, May 3, 7 - 9 pm. \$35. Joanne Franchina, facilitator. Pre-registration required.*

### **Mediumship Development Circle with Joanne Franchina**

Develop your intuitive, psychic, and mediumistic abilities at a pace that is comfortable to you, in a small-group setting that fosters individual attention to hone your natural talents and skills.

*Thursday, May 5, 7 - 9 pm. \$20. Joanne Franchina, facilitator. Pre-registration recommended.*

### **Heal the Healer: Angel Empowerment & Prosperity Workshop with Felisha Beverly**

Pranic Healing teaches the basics of working with your energy aura, including learning to “scan,” or feel the energy, to “sweep” or clean away congested energy, and to “energize” or supplement areas in your aura that have a pranic deficiency. By understanding Pranic Healing, it is easier to understand other concepts that explain how energy affects our lives, even in the areas of abundance and financial and material prosperity.

Topics include:

- ✦ History: who and what are angels, and how we can utilize their help.
- ✦ How to communicate and receive prosperity energy.
- ✦ Increasing our capacity to love and be instruments.
- ✦ Manifesting: fastest way to get rid of blocks.
- ✦ Power words and prayers that work.
- ✦ Powerful prosperity meditation.

Be prepared for major shifts to move mountains out of your way!

*Saturday, May 7, noon - 4 pm. \$75. Felisha Beverly, guest instructor. Pre-registration required.*

### **The Life-Changing Magic of Tidying Up: Book Circle for Soul Searchers with Diane Sears**

Japanese cleaning consultant Marie Kondo takes tidying to a whole new level, promising that if you properly simplify and organize your home once, you'll never have to do it again. Most methods advocate a room-by-room or little-by-little approach,

which doom you to pick away at your piles of stuff forever. The KonMari Method, with its revolutionary category-by-category system, leads to lasting results. With detailed guidance for determining which items in your house “spark joy” (and which don’t), this international bestseller featuring Tokyo’s newest lifestyle phenomenon will help you clear your clutter and enjoy the unique magic of a tidy home—and the calm, motivated mindset it can inspire.

*Tuesday, May 10, 7 - 9 pm. \$10. Diane Sears, guest facilitator. Pre-registration recommended.*

### **Guinevere, Personal Sovereignty: Higher Beings Wisdom Circle with Rose Vanden Eynden**

Learn about this Welsh goddess of Arthurian legend, and enjoy the gifts of her lessons in supreme personal ownership and authenticity.

*Wednesday, May 11, 7 - 9 pm. \$20. Rose Vanden Eynden, facilitator. Pre-registration recommended.*

### **Spirit Speaks I: Learning the Language of Spirit with Rose Vanden Eynden**

Are you interested in becoming a better person? Does the idea of living to your fullest potential excite and inspire you? Discover the joys of meeting and working with Spirit while listening to the voice of your own intuition in this experiential and interactive course. Explore your natural intuitive, psychic, and mediumistic capabilities in a comfortable, supportive, and encouraging setting. Topics include:

- ✦ The importance of setting intention.
- ✦ Psychic and Spirit energies.
- ✦ Meditation for spiritual connections.
- ✦ Clairperceptions: the ways we perceive and receive from Spirit.
- ✦ Message basics, including sources and symbols.

Spirit is speaking to you, offering guidance, wisdom, and support for your life journey. Learn to attune to these energies to bring fulfillment to yourself and others.

*Saturday & Sunday, May 14-15. Saturday, 10 am – 5 pm (includes a break for lunch); Sunday, 10 am – 2 pm. \$195. Rose Vanden Eynden, instructor.*

### **Trueheart Healing: Healing Energy Circle with Patti Kessler**

Join Patti Kessler and explore Trueheart Healing. This two-hour introduction to Trueheart Healing is

an experiential class including: opening to your path - intro to energy healing; preparing yourself for healing; accessing the theta brainwave state - what, why, and how; self-healing techniques; and group healing techniques.

*Tuesday, May 17, 7 - 9 pm. \$10. Patti Kessler, guest facilitator. Pre-registration recommended.*

### **Mediumship Development Circle with Joanne Franchina**

Develop your intuitive, psychic, and mediumistic abilities at a pace that is comfortable to you, in a small-group setting that fosters individual attention to hone your natural talents and skills.

*Thursday, May 19, 7 - 9 pm. \$20. Joanne Franchina, facilitator. Pre-registration recommended.*

## **JUNE 2016**

### **Mediumship Development Circle with Joanne Franchina**

Develop your intuitive, psychic, and mediumistic abilities at a pace that is comfortable to you, in a small-group setting that fosters individual attention to hone your natural talents and skills.

*Thursday, June 2, 7 - 9 pm. \$20. Joanne Franchina, facilitator. Pre-registration recommended.*

### **InnerVision Quest: Find Your Passion, Purpose & Path with Joanne Franchina**

You hear your spirit softly calling, “You are a sacred gift, vital to the well-being and evolution of the world. Your presence is requested.” In this inspiring and empowering daytime retreat, you will explore your passion, purpose, and path through journaling, meditation, healing and ceremony. Topics include:

- ✦ *It’s a Sign.* Recollect your passions, gifts, and talents—all are signs that point the way to your spiritual purpose.
- ✦ *The Journey.* Walk the inner landscape of your psyche. Explore the nature of your gifts and discover the path your spirit has chosen.
- ✦ *Crossroads.* Remove stumbling blocks from your consciousness and clear the way to a free and full experience of love, peace, and joy.
- ✦ *Trailblazing.* Create a “map” of visual and linguistic landmarks. Discover themes and patterns among these symbols that will help you make your way in the world.

- ✦ **Homecoming.** Invoke the support of the Universe and celebrate the Wisdom in which your spiritual path is grounded.

Return to everyday life a changed person—answer the call of your spirit with a renewed intention to be a sacred gift and live your truth!

**Friday, June 3, 1 - 4 pm.** \$55. Joanne Franchina, instructor. Pre-registration recommended.

### **Message Circle Event with Joanne Franchina, Rose Vanden Eynden & Guest Mediums**

Our Message Circle Events are very popular with groups and those who are new to mediumship readings—and no wonder! They are fun and affordable, and allow one's friends and family members to participate. What happens in a message circle? Well, a handful of participants sit in a circle with a clairvoyant medium, who provides a message, or mini-reading, for each participant in turn. It's like a psychic reading party, and we have invited several of our favorite mediums and psychics in the area to participate in this favorite event.

**Friday, June 3, 7 - 9 pm.** \$30. Joanne Franchina, Rose Vanden Eynden, hosts. Guest mediums Katy Campolongo, Eric Layman & more. Pre-registration recommended.

### **Healthy from the Inside Out: Best Year Ever! Life Coaching Circle with Joanne Franchina**

Improve your well-being by changing your energetic patterns on multiple levels: physically, emotionally, mentally, and spiritually. Identify areas of focus and learn how to support yourself by taking those first steps with techniques to relax, foster healing, and nurture body, mind, and spirit on an ongoing basis.

**Tuesday, June 7, 7 - 9 pm.** \$35. Joanne Franchina, facilitator. Pre-registration required.

### **Nature Spirits, Blessings of the Devis Kingdom: Higher Beings Wisdom Circle with Rose Vanden Eynden & Joanne Franchina**

Explore the energies of nature spirits from various Native American spiritual traditions. Enjoy their blessings while you learn to work in tandem with them for a better Earth home.

**Wednesday, June 8, 7 - 9 pm.** \$20. Rose Vanden Eynden & Joanne Franchina, co-facilitators. Pre-registration recommended. Note: Outdoor location to be announced.

### **Spirit Speaks II: Strengthening Your Mediumship Connections with Joanne Franchina**

Pursue your budding Spirit connections even more fully in this second course of spiritual learning and growth. Allow your intuitive, psychic, and mediumistic skills to strengthen through fun and interactive experiences. Work your psychic muscles through exercises designed to build your confidence and your abilities to see, hear, and sense Spirit. Receive messages of guidance for yourself and others while benefitting from expert coaching and support. Don't miss this opportunity to become more fully attuned to Spirit around and within you.

Topics include:

- ✦ Setting personal intentions for your work.
- ✦ Discerning between psychic and Spirit energies.
- ✦ Trusting your connection to Spirit.
- ✦ Honing your clairperceptive abilities.
- ✦ Receiving messages for yourself and others.

Keep the conversation with Spirit going! Experience the inspiration and power of consistent spirit connections in your life as you continue on your journey.

**Saturday & Sunday, June 11-12.** Saturday, 10 am – 5 pm (includes a break for lunch); Sunday, 10 am – 2 pm. \$195. Joanne Franchina, instructor.

### **June's Book Circle for Soul Searchers with Diane Sears**

Check the Inner Compass website for details.

**Tuesday, June 14, 7 - 9 pm.** \$10. Diane Sears, guest facilitator. Pre-registration recommended.

### **Mediumship Development Circle with Joanne Franchina**

Develop your intuitive, psychic, and mediumistic abilities at a pace that is comfortable to you, in a small-group setting that fosters individual attention to hone your natural talents and skills.

**Thursday, June 16, 7 - 9 pm.** \$20. Joanne Franchina, facilitator. Pre-registration recommended.

### **Meridian Tapping: Healing Energy Circle with Michelle Lagaly**

Check the Inner Compass website for details.

**Tuesday, June 21, 7 - 9 pm.** \$10. Michelle Lagaly, guest facilitator. Pre-registration recommended.

## **Parenting the New Kids with Patti Kessler, Melissa Leath, Michelle Lagaly, Rose Vanden Eynden & Joanne Franchina**

Is your child's imagination unusually active—playing with imaginary friends, seeing angels, talking to Grandpa (who passed away a year ago)? Does your child seem to have uncanny abilities—knowing that someone far away is sick or sad, talking about things happening before they happen? Is your child highly sensitive—with physical or emotional symptoms that come and go for no apparent reason, and the doctor is baffled? Have you heard of Indigo, Rainbow, or Crystal children, and wonder whether there could be something to this, and could it apply to my child?

If so, you're not alone. Many of today's parents have stories about their kids having "paranormal" experiences. And practitioners in the spiritual, holistic wellness, and metaphysical fields would agree that more and more children these days seem to have abilities that were considered rare only a few decades ago.

This evening, you will hear a presentation and participate in a moderated, interactive panel discussion. This is a rare chance to get answers to your questions from a variety of perspectives—including experienced metaphysical practitioners who are passionate about helping society's young people learn how to work with their natural intuitive and energetic abilities, and panel members who are not practitioners but have been there before you—so you can feel more comfortable and confident about what may be happening with your child, and so you can learn how to help the young people around you as they grow up with these spiritual gifts. Whether your child is very young, or a young adult, you will leave with a better understanding of how you can support them.

**Friday, June 24, 7 - 9 pm. \$45.** Joanne Franchina, Rose Vanden Eynden, moderators. Patti Kessler, Melissa Leath & Michelle Lagaly, guest presenters. *Pre-registration recommended.*

## **Spirit Mini-Camp for KIDS with Melissa Leath, Patti Kessler, Michelle Lagaly, Meredith Melvin & Joanne Franchina**

Please join us for a fun and interactive "playshop" for children that encourages intuitive and energetic

awareness, and teaches them simple and practical ways to work with their natural gifts. Topics include:

- ✦ **Energy Awareness Tool Box with Melissa Leath** Explore ways to sense people and things around you—with your eyes closed! We'll use an imaginary radio to play with energy waves: find out when to open or close your energy; know when you are feeling someone else's emotion; recognize vibration streams and borders; and use the ultimate trick to tune out other people's thoughts.
- ✦ **Astrology Super Powers with Meredith Melvin** You can learn a lot from your birth date in Astrology. Explore your star talents and strengths. Learn about the roles you were born to play, important cues for you, and how to get along with your fellow cast members without too much drama.
- ✦ **Totem Animals with Joanne Franchina** Spend some time meeting and playing with an animal helper from the other side. Find out what they teach and how they can help you. Feel their energy "medicine" and find out how you can use it every day.
- ✦ **The Crystal Palace with Patti Kessler** What if crystals are our friends and like to play, and help us heal ourselves and Earth? Go to the Crystal Palace and meet the people who live there. Explore ways to use crystals for healing. Receive your own special set of crystals to continue exploring healing and designing grids at home.
- ✦ **Yoga Mini-Breaks with Michelle Lagaly** Find your center as you bend, stretch and balance between "playshops." You'll learn some poses you can do at home with or without a mat!

**Saturday, June 25, 10 am – 2:30 pm. \$90.** Patti Kessler, Melissa Leath, Michelle Lagaly, Meredith Melvin & Joanne Franchina, instructors. *Pre-registration required.*

## **Spirit Mini-Camp for TEENS with Melissa Leath, Patti Kessler & Rose Vanden Eynden**

Please join us for a couple of in-depth sessions for teenagers to explore and develop your natural energetic and intuitive abilities. Learn simple, practical techniques you can use every day. Topics include:

- ✦ **Energy Wizardry with Patti Kessler & Rose Vanden Eynden** Polish your wizardry skills of sensing, moving and directing energy with

Qigong (pronounced “Chee-gong”), the grandfather of all Martial Arts and Healing Arts. Sharpen your ability to sense energy and move it through and around you. Explore the possibility of moving objects with your mind. Play with directing energy for healing yourself and others. Bring out your inner wizard.

- ✦ **Spirit Gifts & Guides with Melissa Leath & Rose Vanden Eynden** Would you like to be in control of your intuition? In this workshop, you will learn to feel your true self, sense and connect with your spirit guides, trust intuitive (psychic) information, and experience a development circle. We’ll use mini-meditations and exercises to receive spirit-guided information.

*Saturday, June 25, 10 am – 2:30 pm. \$90. Patti Kessler, Melissa Leath & Rose Vanden Eynden, instructors. Pre-registration required.*

## LOOKING AHEAD

### Mediumship Mastery Program 2016 YEAR ONE begins in September

Are you wondering when the next round of our two-year certification program for mediumship development begins? We’re changing our program to fit an Academic Calendar, so the next *Year One* class will begin in September 2016, and end in May 2017.

Check the Inner Compass website for details.

## INDIVIDUAL SERVICES

### Mediumship Readings with Joanne Franchina

The purpose of a mediumship reading is to communicate to the client loving, healing, and guiding messages from loved ones in spirit. During a reading, the spirit communication that I receive mediumistically is enhanced by the information that I receive psychically and intuitively.

A mediumship reading is always intended for the client's personal empowerment and inspiration. A reading may touch on more than one area of the client's life, such as personal growth, spiritual direction, relationships with significant others, family situations, occupations, or health, yet many readings tend to focus on a core issue.

Spirit loved ones are identified as their energetic presences are sensed; these are often relatives or

friends who have passed into spirit, and occasionally, spiritual guides who are working with the individual's higher self.

*Sessions are available by appointment. Price: 30-minute session, \$80; 60-minute session, \$135.*

### Intuitive Life Coaching with Joanne Franchina

The purpose of intuitive life coaching is to help the client to produce fulfilling outcomes in their personal, vocational, and spiritual areas of life. Coaching is typically goal-based and proactive. Over a series of sessions, I help the client to clarify their intentions, make appropriate choices, and take effective actions, while I support the client in enhancing their inherent skills, resources, and creativity.

Typical areas of coaching include life purpose; life balance and self-care; personal growth through life changes; spiritual counseling/healing; meditation practice; intuition development; working with higher beings/spirit guides; and spiritual community/leadership.

My approach to life coaching is based on universal manifestation principles of intention, attraction, and action. I work with the client to create changes in their energetic patterns on multiple levels—physically, emotionally, mentally, and spiritually—to help them manifest their desired outcomes.

Because I am a life coach who also is a clairvoyant medium, psychic and intuitive, during a coaching session I often perceive insights from the client's higher self that ultimately provide the key to achieving their true goals. This holistic approach to life coaching—blending the practical and proven coaching strategies with the intuitive and spiritual insights—ensures the highest and best outcome and enhances the client's experience.

*Sessions are available by appointment. Initial session is a 90-minute session, \$150. Ongoing sessions: 60-minute session, \$135; 90-minute session, \$165. Packages are available.*

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