

INNER COMPASS

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INDIVIDUAL SESSIONS & GROUP EVENTS TO EMPOWER & INSPIRE YOU!

AUTUMN 2012

Welcome to Inner Compass, an intuitive life coaching practice. My name is Joanne Franchina, and I teach people how to create fabulous lives for themselves by using their inner wisdom in everyday situations. Inner Compass offers individual sessions, including *Intuitive Life Coaching* and *Mediumship Readings*, and group events, including *Work (and Play!) Shops*, *Reading Parties*, *Group Coaching Circles*, and *Innovative Business Coaching*, to empower and inspire you. The calendar is loaded with events this season; you can read about them here and on the Inner Compass website: www.YourInnerCompass.com.



OCTOBER 2012

MYSTIC MESSAGE EVENT *with Rose Vanden Eynden, Joanne Franchina & Special Guests*

Join us for a special event in which locally renowned psychics, intuitives, and mediums share gallery-style messages celebrating a broad range of styles, talents, and specialties. This evening, Joanne and Rose will be joined by **Victor Paruta**, Cincinnati's most trusted psychic medium; **Becky McCleery**, intuitive and master of crystallography; **Susan Hill**, clairvoyant medium specializing in spirit portraiture; and **Mike Mellott**, clairvoyant medium specializing in the Tarot. Rose and Joanne will round out the evening with specialty messages too.

Everyone is sure to be inspired by the demonstrations, and several audience members will receive a personal message from one of the presenters. Enjoy an enchanting evening, and open to your highest potential as you listen to loving, healing and guiding messages from the diversities of universal life force energy and cosmic consciousness!

Friday, October 5, 7 – 9 pm. \$15. Limited seating; advance registration recommended. Joanne Franchina, Rose Vanden Eynden, hosts; special guests.

EXPLORING YOUR DREAMS WORKSHOP *with Susan Hill*

"A dream which is not interpreted is like a letter that is not read." The Talmud.

When we dream, the boundaries between the conscious mind and the unconscious mind become blurred and what emerges is a dreamscape that is full of wisdom. Oftentimes that wisdom is cloaked in a symbolism that is difficult to understand. There are crazy scenes, metaphors, and puns that can leave you frustrated when you try to interpret them. In this workshop, you'll learn tools to help you begin to make sense of those people, places, and situations that emerge in your dreams. Uncover your personal guru who only comes out at night!

Write down at least one dream to bring with you—you can bring more if you like. We'll explore different techniques, both individual and group, for analyzing your dreams.

Saturday, October 6, 10 am - 5 pm (includes a break for lunch). \$120; early registrations (by September 22) \$100. Susan Hill, guest instructor. Info & Registration: go to www.vandeneynnden.biz.

SUSAN HILL is the co-pastor of Progressive Spiritualist Church in Indianapolis, Indiana. She was ordained in 2000 through the Indiana Association of Spiritualists at Camp Chesterfield, Indiana. She holds a degree in Liberal Studies from the University of Indianapolis and is currently pursuing a certification in Spiritual Mentorship through Atlantic University. She has been accepted in the certification program for dreamwork at the DreamStar Institute. Susan is a medium and a Tarot card reader; she is also a mixed-media artist, a beader, and a knitter. Susan began studying dreamwork in order to understand her own wacky dreams, and hopes to help all the dreamers of wacky dreams to understand theirs, too.



INTRODUCTION TO WORKING WITH CRYSTALS & STONES *with Becky McCleery*

Join us for a hands-on, experiential and informative class designed to teach you how working with crystals and stones can help improve emotional and physical health and well-being, as well as facilitate positive personal transformation. Topics include.

- ✦ History of crystals
- ✦ How crystals & stones work
- ✦ Metaphysical uses
- ✦ Choosing, cleansing, charging, programming
- ✦ Toxic stones
- ✦ Crystal formations
- ✦ Chakras & the aura: clearing, energizing, balancing
- ✦ Clearing a space with crystals & stones
- ✦ Basic crystal gridding
- ✦ Guided meditation
- ✦ Basic stone layout
- ✦ Practical applications & everyday uses.

Saturday October 20, 1 - 5 pm. \$60; early registrations (by October 6) \$55. Becky McCleery, guest instructor.

BECKY McCLEERY is a spiritually gifted psychic and intuitive holistic practitioner who teaches a variety of classes on metaphysical and spiritual development topics. She is a Usui Reiki Master, a certified Master of Crystology, and has completed Melody Levels 1 and 2 training through Four Winds Academy of the Healing Arts and Sciences.



NOVEMBER 2012

EXPLORING MEDIUMSHIP THROUGH SPIRIT ART *with Janette Kaye*

Joanne and Rose are pleased to co-present a new workshop featuring their friend and colleague Janette Kaye from Dayton, Ohio.

- ✦ Improve your connection to spirit through art
- ✦ Enhance your understanding of how spirit communicates through color and symbol
- ✦ Learn how to draw spirit faces such as angels, guides, and departed loved ones

We will be working with pastels, pencil, and charcoal. Bringing your own paper and drawing supplies is strongly encouraged, otherwise stock materials will be provided.

Saturday November 3, 1 - 4 pm. \$50. Janette Kaye, guest instructor. Info & Registration: go to www.vandeneynnden.biz.

JANETTE KAYE is a psychic medium and spirit artist focused on helping people discover a greater awareness and sense of wholeness in their lives. Trained as an evidential medium, her professional work as an intuitive medium began in 2006, and she provides services in spirit portraiture, intuitive life readings, and facilitative remote healing.



MESSAGE CIRCLE EVENT *with Rose Vandeneynnden, Joanne Franchina & Guest Mediums*

Message Circle Events are popular with groups and those who are new to mediumship readings—and no wonder! They are fun and affordable, and allow one's friends and family members to participate.

What happens in a message circle? A handful of participants sit with a clairvoyant medium, who provides a message, or mini-reading, for each participant in turn. Joanne and Rose have invited some of their favorite mediums in the area to participate in this favorite event.



This event will be like a "Gala" in the Spiritualist tradition, incorporating special items such as oracle cards, crystals, spirit art, and more. During each mini-reading, the medium will be inspired by spirit to talk about a particular item that the participant can then take home as a special gift from spirit.

Friday, November 30, 7 – 9 pm. \$25; limited space, pre-registration required. Joanne Franchina, Rose Vanden Eynden, hosts; guest mediums. To pre-register, email Rose at info@vandeneynden.biz. Include your name, the number of reservations, your email address and telephone number, and how you heard about the event.

DECEMBER 2012

PAST LIFE EMPOWERMENT *with Jaccolin Franchina & Joanne Franchina*

Are you aware that circumstances in your present life may be related to an experience in a past life? That you can gain healing and enrich your present life with a better understanding of past-life events? That you can achieve this understanding and recall your past lives through regressions, readings, and other clues, thereby empowering yourself NOW, in this lifetime? You can!



Join Jaccolin and Joanne—ordained Spiritualist ministers and certified clairvoyant mediums with several years of experience between them in exploring and healing past-life issues—in this highly interactive workshop. You'll learn a variety of ways to explore events from your past, some of which may be deep within your subconscious.

- ✦ Experience a group regression in which you'll explore several past lives.
- ✦ Learn how to discover relevant past-life information for yourself through intuitive readings, dreamwork, and other clues.
- ✦ Practice receiving past-life details for yourself and others (no prior experience needed).
- ✦ Most importantly, learn ways to integrate, heal, and empower yourself with the information from your past, and begin living a more fulfilling life NOW!

Saturday, December 8, 10 am – 4 pm (includes a break for lunch). \$85; early registrations (by November 24) \$75. Jaccolin Franchina & Joanne Franchina, co-instructors.

JANUARY 2013

Read on for highlights of several events already planned for the New Year. Check the Inner Compass website for details.

NEW YEAR, NEW LIFE, NEW JOY! Workshop *with Joanne Franchina*

Learn how to begin living from your heart space in this interactive and magical workshop, through meditative and intuitive processes, creative brainstorming, interactive exercises, and focused discussion groups. Course topics include: ✦ Intention ✦ Attraction ✦ Reconstruction ✦ Action.

Saturday January 5, 10 am - 5 pm (includes a break for lunch). \$95; early registrations (by December 29) \$85. Joanne Franchina, facilitator.

BEST YEAR EVER! Life Coaching Circle *with Joanne Franchina*

In this coaching circle, you'll work with your own real-life goals, and get lots of support, in applying the key manifestation principles of intention, attraction, and action, to help you create the year (and life!) of your dreams. This is group coaching at its best, and it covers every major area of your life: it's like having your very own life coach, and sharing her with a small circle of your friends.

- ✦ January: Put Yourself First
- ✦ February: Prioritize Your Life
- ✦ March: Increase Your Energy & Time
- ✦ April: De-Clutter Your Life
- ✦ May: Make Money Work for You
- ✦ June: Get Healthy from the Inside Out
- ✦ July: Create Supportive Communities
- ✦ August: Attract a Loving Relationship
- ✦ September: Do Work that You Love
- ✦ October: Be Productive & Powerful
- ✦ November: Honor Your Spirit
- ✦ December: Live Your Dream

Second Tuesdays of each month in 2013, 7 - 9 pm. \$295 for a full year of coaching, or \$30 per circle/session. Joanne Franchina, facilitator. Limited seating; contact Joanne to join.

MAKE PEACE WITH YOUR BODY *with*

Jenny Bissmeyer

In this *enlightening* workshop led by certified life and wellness coach Jenny Bissmeyer, you'll learn how to end the war with your body, free yourself, and begin living your life with greater peace, love and joy. You'll also find that, when you apply these key principles and tools in your everyday life, you'll allow your body to find its natural, healthy weight.

Saturday, January 12, 1 – 5 pm. \$65; early registrations (by December 29) \$55. Jenny Bissmeyer, guest instructor.

ASTROLOGY: THE YEAR AHEAD *with*

Deborah Williams

As the planet enters into a new “Golden Age” in 2013, you'll learn what the coming calendar year has in store for all of us, as well as predictions for each of the Sun Signs, in this lively and compelling presentation with astrologer and clairvoyant medium Deborah Williams.

Friday, January 18, 7 – 9 pm. \$35; early registrations (by January 4) \$30. Deborah Williams, guest presenter.

A MEDITATION SAMPLER Circle *with*

Joanne Franchina

New to Meditation? Want to expand your practice? In this engaging group meditation circle, you'll explore a variety of meditation forms—sitting, moving, chanting, sensing, focusing, visualizations, mindfulness, and more—from many spiritual traditions. And you'll learn meditation by experiencing it, with a mentor to provide guidance and alongside other participants with whom you can share your experiences.

- ✦ January: Basics of Practice
- ✦ February: Posture & Movement
- ✦ March: Use of Sound
- ✦ April: Use of Sight
- ✦ May: Breath & Scent
- ✦ June: Nature Meditations
- ✦ July: Labyrinth Walk
- ✦ August: Drum Circle
- ✦ September: Health & Healing
- ✦ October: Creativity & Focus
- ✦ November: Spirit Connection
- ✦ December: Inner Guidance

Fourth Tuesdays of each month in 2013, 7 - 9 pm. Free/donation. Joanne Franchina, facilitator. * July & December are Third Tuesdays of the month; summer months are held at various outdoor locations. Open to everyone, contact Joanne to be added to the group list and receive notifications.*

BRAND NEW OFFERING! MEDIUMSHIP MASTERY PROGRAM, YEAR ONE:

Foundational Principles & Practices with Rose Vanden Eynden & Joanne Franchina

Joanne and Rose are thrilled to present a brand new offering for 2013—one that is near and dear to both of their hearts! This year-long course, the first in a series that comprises our new *Mediumship Mastery Program*, is all about the Foundational Principles and Practices of Intuition and Mediumship.

You'll learn how to recognize, understand, and apply your natural intuitive, psychic, and mediumistic abilities. *Although the course curriculum is not final as we go to press*, focus will be given to the following principles during this first-year course:

- ✦ Intentions, guidelines, ethics & responsibilities in message work
- ✦ Meditations for opening, centering & connecting to your spiritual self and to spirit
- ✦ Clairperceptions: seeing, hearing, sensing & knowing
- ✦ Symbolism: universal & personal
- ✦ Components of message structure & content
- ✦ Dialogues: questions & answers
- ✦ Message sources, spirit identification & evidence
- ✦ Spirit- & client-centered communication
- ✦ Psychometry, oracle cards & other tools
- ✦ Readings: personal, professional & public demonstration

Twenty Sundays in 2013, beginning January 27, 1 - 5 pm. Rose Vanden Eynden & Joanne Franchina, co-instructors. Details on pricing and course features available soon. Check the Inner Compass website, or contact Joanne or Rose, to indicate your initial interest in receiving program details as they become available.

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