

INNER COMPASS

JOANNE FRANCHINA

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INDIVIDUAL SESSIONS & GROUP INSTRUCTION TO EMPOWER & INSPIRE YOU!

SUMMER 2011 EVENTS

Welcome to Inner Compass, an intuitive life coaching practice. My name is Joanne Franchina, and I help empower and inspire people to live fulfilling lives by applying their inner wisdom in everyday situations. Inner Compass offers individual sessions, including *Mediumship Readings* and *Intuitive Life Coaching*, and group events, including *Work (and Play!) Shops*, *Reading Parties*, *Group Coaching Circles*, and *Innovative Business Coaching*, to empower and inspire you.



At the moment there are several unique, intriguing, and truly inspirational events from which to choose—the calendar is loaded and there's something for everyone. You can read about many of them here and all of them on the Inner Compass website: www.YourInnerCompass.com.

JUNE 2011

LIFE COACHING CIRCLE: *Improve Your Health with Joanne Franchina*

Begin creating a healthier lifestyle "from the inside out." This month you will focus on making changes in your energetic patterns on multiple levels—physically, emotionally, mentally, and spiritually—to help you improve your overall well-being. First you will identify two areas on which to focus your efforts and two action steps to take now. Then you will learn how to support yourself in taking those

steps with specific techniques to relax, to foster healing, and to nurture and attend to your body, mind, and spirit on an ongoing basis.

Wednesday June 8, 7 - 9 pm. Joanne Franchina, facilitator. \$20. Advance registration required.

MEDIUMSHIP CLINIC: *Spirit Art as Medium with Christine Sabick & Joanne Franchina*

Spirit art can be a rewarding addition to your mediumship offerings, and it's easier to do than you might think! In this clinic, you'll explore two forms—mediumistic portraiture and inspirational art—and you'll practice shaping the messages that spirit inspires you to deliver along with the spirit art. Artistic skill is *not* necessary.

Saturday, June 18, 1 - 4 pm. Christine Sabick & Joanne Franchina, co-instructors. \$55; early registrations (by June 11) \$45; includes art materials.

CHRISTINE SABICK is a Spiritualist minister ordained through Camp Chesterfield in Indiana, and the Director of Education for the United Spiritualists of the Christ Light Church in Cincinnati, Ohio.



Christine is the author of *Angel Talk: Chatting with the Angels*. Her experience with Spirit Art includes mediumistic portraiture and other visionary art forms. Her unbridled enthusiasm and spontaneity ensure a fun and inspiring session for everyone. www.radiantbeginnings.com.

MEDITATION CIRCLE: Meditations On & In Nature with Joanne Franchina

This month we will explore meditations to enjoy outdoors “in the wild,” including a walking visualization, mindfulness meditation of Mother Earth, and “still life” contemplation of a nature object.

Tuesday, June 28, 7 - 9 pm. Joanne Franchina, facilitator. Free/Donation. Weather permitting: Sharon Woods, 11450 Lebanon Rd. Sharonville, OH 45241. \$3 parking. Meet at Sharon Centre (Lebanon Rd. entrance); to carpool/caravan, be at Inner Compass by 6 pm. Open to all but pre-registration is recommended.

<http://www.hamiltoncountyparks.org/parks/sharonwoods.shtm>

JULY 2011

LIFE COACHING CIRCLE: Establish a Supportive Community with Joanne Franchina

Ask successful people how they achieved their success and they will tell you about the people who supported them along the way. This month we will focus on how to create deep and lasting alliances with great people. You'll start with an inventory of your current communities: extended family, close friends, professional colleagues—whatever they are. You will learn ways to nurture your existing relationships by expanding your compassion for yourself and others, and by identifying and meeting your primary needs. You'll also learn how to build relationships that support you, inspire you, and challenge you to be your best.

Wednesday July 6, 7 - 9 pm. Joanne Franchina, facilitator. \$20. Advance registration required.

EVERLASTING VISION BOARD Playshop with Joanne Franchina

You've heard about Vision Boards and Treasure Maps, but have you made one lately? Well, this class is different...it's a *playshop* that begins with a board you'll use for years to come: choose from among several already decorated in rich fabrics and programmed to amplify your intentions. Then, as you select and arrange images and other symbols of your heart's desires, you'll learn from a master visionary several lesser-known keys to successful creation: how to distinguish among clarity of intent, paradoxical intent, and harmonious intent; how to recognize, ride, and rule the flow of energy; how to add impact and power to your vision

Summer 2011

through layering and ritual—and you'll learn all this as you open to your spirit's capacity for the free and full expression of your true self!

Sunday, July 10, 1 - 4 pm. Joanne Franchina, instructor. \$45; includes materials. Registration deadline July 2.

NO JULY GROUP MEDITATION CIRCLE

AUGUST 2011

SAVE THE DATES FOR A SPECIAL WEEKEND: PALMISTRY, ART, GALA, & SÉANCE with Revs. Mike Mellott & Susan Hill

My office partner, Rose Vanden Eynden, and I have invited Revs. Mike Mellott and Susan Hill from the Progressive Spiritualist Church in Indianapolis, Indiana, for a series of special events the first weekend in August: *Gala Message Service* with Mike, Susan, Rose, and I; *Palmistry Workshop* with Mike; *Inspirational Art Workshop* with Susan; *Séance* with Mike. Check the Inner Compass website for details.

Friday - Saturday, August 5 - 6.

LIFE COACHING CIRCLE: Build a Fulfilling Personal Relationship with Joanne Franchina

Believe it or not, the steps to successfully attracting a soulmate, or experiencing more fulfillment from the personal relationship you already have, are the same—and they focus on you! You will learn about the energetic qualities of love, clarify your intentions in having a love relationship, and learn both what is behind your desires and what it takes to build on them. You will also experience powerful processes to expand on your ability to give and receive love.

Wednesday August 10, 7 - 9 pm. Joanne Franchina, facilitator. \$20. Advance registration required.

MEDIUMSHIP CLINIC: Pace and Flow in Mediumship with Rose Vanden Eynden & Joanne Franchina

Pace and flow are important components of your mediumship, particularly if you are working under a time constraint. In this clinic, you'll learn how to amplify your ability to receive messages quickly, succinctly, and consistently while enjoying the whole process of speaking to Spirit.

Saturday, August 13, 1 - 4 pm. Rose Vanden Eynden & Joanne Franchina, co-instructors. \$55; early registrations (by August 6) \$45.

ROSE VANDEN EYNDEN

is a certified medium with the Indiana Association of Spiritualists at Camp Chesterfield and an ordained Spiritualist minister with the United Spiritualists of the Christ Light Church in Cincinnati, Ohio. She is a founding member of the USCL and serves as a minister and instructor in their Mediumship Training Program, which she designed. Rose makes frequent public appearances, connecting audience members in the "gallery style" of message bearing popularized on television shows. She has been featured in Midwestern newspapers and television news programs, has published several metaphysical articles in national magazines, and has hosted a spiritual radio show. She is the author of three books: *So You Want to be a Medium?*, *Metatron*, and *Ask A Medium*, all published through Llewellyn Worldwide. www.vandeneinden.biz.



CREATE AN ALTAR TRAY Craft Class with Joanne Franchina

Learn all about altars, ceremony and ritual while you decorate a tray on which to keep your favorite meditation, prayer, or healing items. You start with a 10-by-14-inch wooden tray (choose white or black background), then decoupage sacred symbols and images that have special meaning for you. Many images and symbols will be available, or bring your favorites to use.

Sunday, August 21, 1 - 4 pm. Joanne Franchina, instructor. \$50; includes materials. Registration deadline August 13.

MEDITATION CIRCLE: Labyrinth Meditation with Joanne Franchina

This month we will explore labyrinth-walking as a meditative exercise, including mindfulness and a chakra-based labyrinth meditation to receive an answer to a question, solution to a problem, or insight on an issue.

Tuesday, August 23, 7 - 9 pm. Joanne Franchina, facilitator. Free/Donation. Northern Hills Fellowship Unitarian Universalist Church in Springfield Township, 460 Fleming Rd. Cincinnati, OH 45231. Meet at the church; to carpool/caravan, be at Inner Compass by 6

pm. Open to all but pre-registration is recommended. <http://www.uunhf.org/unitarian/national/index.html>

ONGOING EVENTS

MEDIUMSHIP DEVELOPMENT CIRCLE with Joanne Franchina

Develop your mediumship, intuition, and psychic abilities at your own pace, in a small-group setting that fosters individual attention to hone your natural talents and skills.

Every Thursday, 7 - 8:30 pm. Joanne Franchina, facilitator. \$12/session; \$40/4 sessions. Pre-registration required: contact Joanne if interested in participating.

COMING THIS FALL

SETTING UP SHOP: The Holistic Practitioner Goes To Work with Joanne Franchina

Learn the key areas of focus in building a successful professional practice from the ground up in the mind-body-spirit arena: Vision Development, Personal Development, Practice Development, and Program Development. This interactive workshop includes inspirational processes based on universal, creative manifestation principles, as well as practical considerations based on proven business strategies. Geared to the budding, yet serious, spiritual entrepreneur.

Friday & Saturday, September 9 & 10. Friday, September 9, 7 - 9 pm & Saturday, September 10, 10 am - 5 pm (includes a break for lunch). Joanne Franchina, instructor. \$135; early registrations (by September 1) \$115.

SAVE THE DATES! WEEKEND OF WORKSHOPS with Sandra Anne Taylor

Internationally known expert Sandra Anne Taylor will be teaching about the energy dynamics of success and the hidden power of your past. Check the Inner Compass website for details.

Friday - Sunday, September 16 - 18.

SANDRA ANNE TAYLOR

is the New York Times best-selling author of *Quantum Success*, *Truth, Triumph and Transformation*, and *Secrets of Attraction*. Her third book *Secrets of Success*, co-written



with acclaimed medium Sharon Klingler, connects science and spirit in the process of attraction. Sandra is known for her inspiring processes and life-changing techniques incorporating consciousness, karma, and energy in personal transformation. *The Hidden Power of Your Past Lives* is her most recent of six titles available in 24 languages across the globe. Sandra can be heard on Mondays at HayHouseRadio.com. www.sandrataylor.net, www.starbringerassociates.com.

SAVE THE DATE! MESSAGE CIRCLE EVENT with Rose Vanden Eynden, Joanne Franchina & Guest Mediums

Our next circle is still in the planning stages, but mark your calendars to reserve a space early for this sellout event. Check back for details.

Friday, September 23, 7 – 9 pm.

MEDIUMSHIP CLINIC: Evidential Mediumship with Chad Seibert & Joanne Franchina

Providing verifiable evidence of a loved one in spirit can make all the difference to the recipient of a message or reading. In this clinic, you'll learn and practice techniques to bring through the identifiers that constitute evidence of spirit, as part of doing an individual reading as well as gallery-style messages.

Saturday, October 1, 1 - 4 pm. Chad Seibert & Joanne Franchina, co-instructors. \$55; early registrations (by September 24) \$45.

CHAD SEIBERT An evidential medium and intuitive development coach, Chad offers personal sessions by phone and in-person at his private office in Cincinnati, Ohio. He teaches classes on intuitive and mediumship development and is honored and humbled to pass on all that he has learned from the many great teachers who have helped him on his journey. Chad demonstrates his mediumship publicly and is a Certified Medium, course instructor and former Director of Education with the United Spiritualists of the Christ Light Church. Always endeavoring to improve his work to better help others, Chad pursues advanced mediumship training under the tutelage of internationally recognized medium Janet Nohavec with The Journey Within Spiritualist Church in New Jersey. chadseibert@gmail.com.



SAVE THE DATE! NEW PERSPECTIVES ON YOUR LIFE: Exploring Your Sacred Contract with Martie Hughes

Join us for a fun, insightful, healing workshop with Martie Hughes, certified archetypal consultant and multi-dimensional seer. Details coming soon.

Saturday, October 22, 10 am – 5 pm.

MARTIE HUGHES Guided to the work of Caroline Myss, Martie attended a 10-day workshop in 1998 and was immediately aware of its potential for deep, lasting healing. In 2004 she completed a two-year advanced training in Sacred Contracts at CMED, the Caroline Myss Educational Institute, receiving the designation Certified Archetypal Consultant from Caroline Myss. Martie is a multi-dimensional seer: a medium, an intuitive healer, and a spiritual coach. She is a registered medium in Lily Dale, New York, her year-round home. www.spiritualintuitive.com.



SAVE THE DATE! MEDITATION: Taking Your Practice to the Next Level with Gay Purpura & Joanne Franchina

Learn to use your mind, body (heart), and spirit (breath) to experience profound states of meditation. Check the Inner Compass website for details.

Saturday, November 5, 1 – 5 pm.

GAY PURPURA After experiencing the power of alternative healing in 2002, Gay left a successful career in grant writing and consulting to become a Radical Forgiveness coach. Since then she has added Transformational Breath and HeartMath to her offerings. Combined with her B.A. in Psychology from San Francisco State University, post-graduate work in Social Psychology, two years of training at The Esalen Institute, and two years at the San Francisco Zen Center, Gay has a unique blend of experience in alternative forms of healing. Gay provides one-on-one coaching and related services. gaypurpura@cinci.rr.com.



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